

Задания выполнять в тетради, фотографировать и отправлять преподавателям:

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MY DAY OFF

Работа с текстом: прочитать, понять содержание, запомнить лексику, ответить на вопросы.

Most people in our country work five days a week but students and pupils have always worked six days a week. Recently, some schools have shifted to five-day studies, but it mostly concerns the primary school. I'm in the eleventh form, so I have to go to school six days a week. Sunday is my only day off.

I like Sunday very much. On the one hand you needn't hurry anywhere and you may go wherever you like after your week's work. On this day I wake up later than usual. There is always some interesting programme on Sunday morning on TV, so I watch it before we have breakfast. For breakfast we usually have some special dish on Sunday, a cake or buns and everybody has two cups of tea instead of one. On the other hand, I have to wash up on Sunday because I cannot say that I will be late for school.

I phone my friends and we discuss our plans for the weekend. Sometimes we go to the cinema. We have been to most museums and picture galleries in the city, but there is still a lot to see. Last Sunday, for example, we went to the Botanical Garden. There were a lot of brightly coloured flowers in the open air and we saw some rare tropical plants. They were in greenhouses as our climate is too cold for them. It was very pleasant to spend time there.

When the weather is fine, it is good to go to the country. We look for a nice place in the forest or on the bank of a river. We take some food and have a snack there in the open air. We play different games, swim and lie in the sun. In winter we often go skiing on the hills near the city. We make a snowman and play snowballs. Once or twice a week my friends and I go to the skating rink.

When the weather is bad, I stay at home and occasionally my friends come to my place. They bring over some new board games and use play or just talk.

In the evening all the members of our family get together. We have our supper, make plans for a new week, watch TV or read books. From time to time we receive guests or go for a walk. I enjoy my days off very much.

By the manner people use their leisure we can tell their character. For most people work is a necessity: they go to an office or a factory to earn their living. But in their free time they do what they really like. Some people are passive during their leisure hours. They relax watching TV or reading a book. Others are active: they dig their gardens or go in for sports.

Vocabulary:

board games - настольные игры

to come to smb's place - приходиться к кому-либо

day off- выходной

to dig in smb's garden - копать в саду

have a rest - отдыхать

leisure - досуг

to lie in the sun - загорать

to make a snowman - делать снеговика

to make plans - планировать

to play snowballs - играть в снежки

to earn smb's living - зарабатывать себе на жизнь

to go for a walk - идти на прогулку

to go to the country - ехать за город

to receive guests - принимать гостей

to relax - расслабляться

skating-rink - каток

to spend time - проводить время

Answer the questions

1. What do you like to do at weekends?
2. What are you going to do this weekend?
3. How do you usually spend Sunday mornings?
4. What do you do in fine weather?
5. What do you do on Sundays in winter?
6. How do you spend your time if the weather is bad?
7. What does your family do in the evening on Sundays?
8. How many days off do you usually have?
9. What can we tell about a person by the way he/she uses his/her leisure time?